

Playing a Happy Life with Great Freedom

Understanding and Viewing

By *Mr. Zhi Xin*



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with Great Freedom
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Translated by Leah Li



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**Playing a Happy Life with Great Freedom-
Understanding and Viewing
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Editor's Foreword

This book is compiled and edited according to the lecture content of a three-day public welfare lecture on traditional Chinese culture given by teacher Zhi Xin in the autumn of 2020 in mainland China. In the lecture, teacher Zhi Xin shared the mystery of how we, as ordinary people, can really play to lead a happy life. Everything he shared comes from his own spiritual practice for decades, through which he has successfully proved in person all kinds of mysterious manifestations, and then summed them up into a very clear principal and shared it with everyone without reservation, which is a very unique karmic relationship!

This mystery does not stand in the golden chamber or hide in the jungle but lies in every one of us. Although everyone is born with self-sufficient innate freedom and perfect wisdom in life, one may descend from realization to confusion because one may acquire wrong knowledge or understanding during the course of life. Such false belief may even evolve or expand to become the confusion and/or pain of life, the joys and sorrows of families, the contradictions and struggles between countries, and the various crises that mankind is currently facing. Under any of these circumstances, it will become an unattainable luxury for one to live happily and freely! Even the most basic demands of human beings who just want to survive can be totally destroyed by the driving mode of opposition and confrontation with each other! Therefore, the launch of this book is like a lighthouse in the dark night, which

illuminates the road under the feet and offers a forward direction for every pursuer in his or her journey of life, making it full of hope as long as he or she truly masters the mystery of operating life shared in this book. As this book says, it only takes three years to cleanse our destiny, and then we can get back all the innate good things that we owned at birth, without the need to waste time for three incalculable eons!

Why? The key to everything lies in the dharma of mind! In the classics, it is said that the merit of giving alms with the seven treasures of the 3,000 boundless universes is not as good as the ability of a single thought in a certain dharma of mind, as sometimes a single thought can even lead to satisfactory merits and virtues! As the Sixth Patriarch, Hui Neng, said: A thought of awakening, all sentient beings are Buddhas; a thought of delusion, all Buddhas are sentient beings. However, the misconceptions, acquired ideas, narrow cognition and ego clinging, all of which wrap our souls, are as thick as layers of fog barriers. It seems we are unable to penetrate them in order to catch a glimpse of the light of truth and our true self. Nevertheless, it is very hard to be enlightened in a single moment of thought. How many years of wrestling in spiritual practice must you go through to build up the foundation and to pave the way to this “realization in a single moment of thought”? Directly targeting people’s hearts, true masters and classics will never beat around the bush in the appearance and the outer form of things; they will never allow you to waste a lot of time and learn nothing. This book by Teacher Zhi Xin emphasizes this

dharma of mind repeatedly. With the help of the complete wisdom arising from the book, we can break the delusion layer by layer until we can see clearly the truth of life. It is the moment when we will free ourselves from eternal imprisonment and give out a hearty laugh from the bottom of our heart!

Teacher Zhi Xin will publish nine series courses, one of which is called *Nine Elements of Operating Destiny*. This book, called *Playing a Happy Life with Great Freedom-Understanding and Viewing*, is only the first one in the series of *Nine Elements of Operating Destiny*. It tells us how to understand the nature of life, that is, life's energy habits and habitual mental operation modes; how to observe the life effects projected by different mental models, and see through the causes behind them. This is just a small branch and profile of the huge curriculum system and wisdom system created by teacher Zhi Xin. Our Jiuhe Jiufu Education will make continuous efforts to organize and edit more lecture contents of teacher Zhi Xin into books for readers. We sincerely invite everyone who has the karmic relationship to read this book and join us in carrying forward China's benevolent culture, uncontested wisdom and tolerant nature, so that people and countries will no longer fight but respect each other, love each other, help each other and cooperate with each other, so that all mankind as a whole can quickly upgrade and wake up and strive towards a better new era together!

Jiuhe Jiufu

Foreword

Fate, as a lasting hot topic of life's theme, has been discussed repeatedly. Life's journey follows a smooth and rough road, flowers and thorns, laughter and tears... It has all kinds of life experiences and variable emotional feelings and there is always lingering confusion in my heart, such as those past regrets, dissatisfaction with reality and uncertainty about the future.

We try to escape these confusions and worries in various ways, and we have worked hard to do this. Although some achievements have been reached in some fields and they bring a little happiness, and the happiness that has been obtained but has gone away quietly. However, there are more worries, pains, puzzles and confusion in our life.

It is obvious that our life cannot be determined by ourselves but there must be an unknown but existing power behind our life, which affects us invisibly. That is to say, we can't control ourselves, but we are dominated by an external power. This is the elusive fate, which always follows us as a shadow and you cannot resist it or escape from it.

Like a chick breaking its shell, we have been trying to break through, trying to find a discovery and get to know its mystery in depth. However, individual life in the universe is like a tiny speck of dust. It is a kind of slim hope to find a direction in the vast ocean. If there is a navigation to guide directly, that will be the deepest desire of the souls and what a rare opportunity it is!

It must be the call from the bottom of the hearts of many lives that moved Teacher Zhi Xin, a self-professed

native savage, who appeared in their long-awaited meeting! He has numerous followers, including elites with doctor's degrees and master's degrees from all walks of life, people aged from centenarians to young children, as well as many university graduates, who have devoted themselves to learn from him.

Who would have thought that such a person was wandering around the world after he dropped out of school when he was a teenager? He often fought and was very naughty. His parents hated him for his failure and always beat him. So, he was constantly beaten black and blue. Later, he was enlightened by the Daoist master by chance and started to explore the mystery of life and the truth of the universe. For this reason, he lived in seclusion and devoted himself to cultivation for decades. Gradually, he eliminated his bad habits, and focused on seeking the truth of Great Dao.

Later, in year 2013, when he came into contact with traditional culture by chance, he gave up his seclusion at the invitation of his friend and also because of his mission. He began to teach excellent classics such as *Liao-Fan's Four Lessons*, *The Heart Sutra*, and *Sutra of Perfect Enlightenment*, etc. Later, according to the needs of people, combined with his own empirical and practical experience, he taught a series of courses, such as *The Truth of Life* and *Vipassana Meditation*, which integrated practice into life.

Please think carefully, if teacher Zhi Xin is an intellectual, it seems that everything is taken for granted, nothing special. But as a person from a farming family who never even qualified at junior high school, he can

understand and explain all the classics randomly, create poems easily, and even though he had no knowledge about calligraphy he quickly created his own Zhi Xin Energy Calligraphy which is elegant, noble, solemn, childlike, joyful and flexible. With the wisdom that can be easily found everywhere in life, and the combination of compassion and wisdom, he enlightens people who are lost and confused. He has cultivated outstanding talents with the invisible power of universe operation, and even uses his own life to perform the splendor and solemnity.

About the above-mentioned contents, if you are an attentive reader, you may have already begun to think about the mystery behind all this, and begin to study carefully about what kind of book it is that appears in front of you, comes to your life, and remains in your hand. Or maybe because of your understanding and attainment, you will immediately know what it means, and then begin to think carefully about the huge difference between the knowledge learned from books and the wisdom gained from practice.

Yes, knowledge and wisdom cannot be compared! Wisdom dares to surpass convention and tradition, so it doesn't follow the same pattern, or even has no routine.

This book is called *Playing a Happy Life with Great Freedom-Understanding and Viewing*. Then what nature do you understand and what behavior do you observe? Understanding nature is to understand the nature of life, that is, what kind of existence life is, how to return to the essential level of life to understand the internal operation rules of all appearances, that is, the

outside projection of the mental model behind all kinds of life energy.

Observing behavior is to observe various life effects, such as different inner feelings of happiness, joyfulness, pain and sadness and external behavior, all of which are projected by different mental models, and can be accessed to find out their deep causes.

Only when we understand the law and truth behind the operation of life, we can better grasp, operate and skillfully use our own internal vitality to write a rich and colorful life.

Teacher Zhi Xin is good at telling the supreme subtle dharma of classics in popular language that people can understand. He emphasizes the “behavior”, so that more people can master its essence, and practice it in life, for self-interest, to benefit people, and then harvest the ultimate happiness of life.

This book is compiled from the recordings of teacher Zhi Xin’s lectures. The text in this book tries to keep to the original contents of his lectures as much as possible. The first person “I” in the book refers to teacher Zhi Xin himself. He didn’t stick to one pattern, but explained in simple terms and living words. In a lively atmosphere, readers can feel the sincerity and love from his words.

With joy, I sincerely wish this book can become a precious gift in your life!

Miao Xiang

I Am Talking about the Unspeakable

About that mystery, I've explored it for a long time.

The exploration for ten thousand incalculable eons is really nothing. In fact, it was a very short time. Compared with the time I lost, that was really a long time, so the exploration time was just a very short moment of returning to the proper path after going astray.

The first thing I realized was that I went into that deep black hole. I met Lao-zi of Daoism in it. He stayed there quietly and invisibly, which made me a little scared. So, I kept begging him to show up.

Under my strong harassment with strong obsession, finally he couldn't stand me, so he put the word "Xuan Pin" into my mental system. Although I didn't understand its meaning, I had a wonderful feeling that I couldn't speak it out, so I asked more urgently "to see" it!

At that time, my subconscious followed a similar wonderful feeling that I used to experience in my memory and it turned into a pair of pink shorts, under which there was a deep looming pool surrounded by clouds and mists. At the same time I knew that the image was "extremely disrespectful", so I put myself into the "ice cave" to suffer.

However, I have always loved that mystery.

I chased and chased and went up to the sky to look for him, floating among the clouds, and there was also a similar wonderful feeling; or I went to the bottom of the sea to look for him, swimming and swimming in that water, and I also had a similar wonderful feeling; or I couldn't help but break into a rose to look for him, feeling the love in the stamens, I also had a similar wonderful feeling; or I slipped into a tree or walked into the grass

to look for him, kissing and kissing; or got into the rock, into the land, or burned in the charcoal fire... I could still experience the similar wonderful feeling in it!

If you ask me, was this an illusion?

Although I won't disagree with you, I will never admit it, because that is also my deepest secret.

So when people asked me about my true love yesterday, the only person I thought of was him. Yes, that's right! Today, I still love him from beginning to end! But now I call him another nickname, happiness.

Yes, the lecture about *Playing a Happy Life with Great Freedom-Understanding and Viewing* is a treasure that I brought out as a gift to people when I went into the Doorway of Mystery again. It is the deepest hidden rule or the most unspeakable mystery in the "root of heaven and earth". Although you and I use it all day long, this does not prevent it from being an eternal secret waiting for you to explore its privacy.

Yes, I used to desecrate him as a beautiful woman, and took off her pink shorts, so I claimed that I knew her privacy, so I began to explain *Liao-Fan's Four Lessons* with the theme of "Wisdom to Operate Destiny" according to the needs of all living beings. After eighteen consecutive lectures, I stopped the lecture with this theme and began to give lectures with more themes.

So the book *Playing a Happy Life with Great Freedom-Understanding and Viewing* is a product of this.

If you are also a life explorer, and have the chance to read this book, it will greatly benefit your exploration.

End of Preface!

Zhi Xin

A Profile of Teacher **Zhi Xin**

Teacher Zhi Xin, whose style name is Wu Yi (literally meaning “fully comprehensive”) and whose pseudonym is Zhi Xin (literally meaning “governing the heart”), is a poet, writer, thinker, artist, and mind vision expert. He was born in Sichuan and has experienced many adventures since childhood, which led to the subversion of his three contemplations in outlook on life, values, and world view, and then prompted him to begin to explore the truth of life and the mystery of the great Dao. Later, a Daoist master came unexpectedly to enlighten him carefully for years. After that, due to a special karmic relationship, he began to study Buddha Law. So far, he has been immersing himself in all kinds of special and superior cognition for more than 20 years, enabling himself to finally realize the perfect reality of life and universe. His achievements are beyond description. Now he even uses his multiple identities and roles to interpret the great freedom of his life.

As he deepens his spiritual practice, he becomes even more understanding, more modest, and more compassionate. Therefore, he makes great efforts to do good deeds, hoping to enlighten and liberate all the people in the world. Consequently, he sets up the Jiuhe Jiufu Education to systematically develop the nine-order system for advanced courses in which are included nine

sectors: individual, family, community, enterprise, school, government, nationality, religion and life. It is his sincere hope to help mankind return to the right path early and realize the world of harmony.

Starting from the objective reality and the origin of life and standing on the perspective of the universe and the dharma to make life perfect, teacher Zhi Xin has proposed the *Nine New Learning Thoughts on Perfect Harmony*, hoping to completely resolve the five major contradictions, including the physical and mental status in individuals, family relations, different cultures among peoples, different governance concepts in countries, and different religions and beliefs.

Using feeling language, mentality language, and consciousness language, teacher Zhi Xin is the first to create *Three Languages for Wisdom of Mind* as the life reality theory system. To explore the mystery of how life operates, he has also developed a series of courses with incomparably deep ideological connotations, such as *Art of Dream Making*, *Words That Mind Reflects to Five Senses*, *Education on Left and Right Brain Balance* and *Journey of Kings*. In addition, he also develops and personally teaches a series of courses such as *Nine Harmonious Practices in Family*; *Nine Elements of Operating Destiny*; *Nine Great Ways to Achieve Consummation*; *Nine Tenets for Leadership*; *Nine Spiritual Achievements for Teachers to Pursue*; *Nine Righteous Ways for Students to Practice*; *Nine Essentials of Vipassana Meditation*; *Nine Treatments for Complete Healing*; *Nine Fortunes of Life*; *The Truth of Life*; *The Doors of Perception*; *Walking*,

Standing, Sitting, and Lying; Perfect Enlightenment in Middle Way; Integration of Mind and Things; and Great Perfect Mirror Wisdom. This series of courses cover the great wisdom on how to control the freedom of life in all aspects such as personal physical and mental health, family harmony and happiness, career development, happiness in life, and achievement of life value.

Teacher Zhi Xin is the author of *True Self as I Am*, some poetry organized according to different themes, thoughts, contents and styles in six volumes, namely *Wu Yi Treasury, Fluctuation of Wu Yi, Enlightenment by Wu Yi, Notes by Zhi Xin, Wisdom of Zhi Xin* and *Zen Poems by Zhi Xin*. Each volume skilfully interprets, from its own unique perspectives, the philosophy, wisdom and art of life at different levels.

Teacher Zhi Xin's calligraphy is also unique. His masterful hand-written work reveals a sort of mind-controlling energy seemingly emitted from his imperial demeanour and aristocratic temperament; such energy seems to offer an opportunity to open up our own essence of mind and its supreme and subtle innate secrets, ask about the nature of life, and play with the childlike fun of art.

Every piece of work of teacher Zhi Xin has been written, expressed, and deduced in a state of mighty virtue, great freedom and perfection derived from the source of life. Therefore, every piece of work of his contains the supreme life energy, which fully demonstrates the consummate perfection of his correct paths to approach nature and the universe.

Every word in his work is like a lively life, which is agile and joyful, vigorous and powerful, straightforward and magnanimous, rich and complete, detached and comfortable, sacred and solemn... Not only is it full of extremely high spirituality, beauty and charm, but it is also intriguing, fascinating, and sagacious. Rich in profound educational significance and cultural connotation, it is excellent work which enhances one's mind and life energy.

At the moment when one sees his work, one's soul is captured and deeply attracted right away, feeling that his work has such an indescribable power to penetrate and to shock his viewers. At the very moment of surprise and admiration, one knows immediately that these magical and noble works full of spirituality are invaluable treasures which connect with one's soul and accompany one's life, and they are of great collection value.

Calligraphy serves as a way to express teacher Zhi Xin's compassionate wish and original intention to soften his disciples' hearts, enlighten their wisdom, and purify their soul in their daily life and working environment. That is also the reason why teacher Zhi Xin always spares his precious time to write calligraphy tailored to each of his disciples.

Teacher Zhi Xin shows and teaches his empirical way to many Dao seekers who are exploring the mysteries of life, and his great wisdom vividly reflected in his lectures and life. His love, which is as high as the sky and as wide as the earth, always deeply inspires everyone around him. Teacher Zhi Xin is compassionate and joyful. He

can explain profound theories in simple language. He is adaptive but believes in fate. Spreading great perfect wisdom, he is a wise preacher who will make your life without regret if you are lucky enough to meet him in person.

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識性觀天



知命 福言 福始 福有 福夫
三才之志

Lecture

To Really Understand the Impermanent Wisdom System

Having common knowledge with limited connotation, how do you know the most mysterious impermanence behind life?

Because the concepts of the mind are standardized in the dictionary, and the standard itself is narrow, the connotations that can be expressed using these concepts with fixed connotations are actually bound.

One Yin and one Yang are used to express the profound body that is born from the Dao and encompasses everything. It is filled in an entire invisible void. With its subtle changes, it always reveals to us the omnipresent Dao which runs through the macro and the micro and which all sentient beings benefit from. This is the impermanent operation behind all permanence.

Different from the permanent system, this impermanence is the most subtle and magical, and it transcends all the relatively fixed concepts and limited cognition of the permanent system.

育常知見豈能映
頭腦概念成邊徼
一陰一陽之謂道
無常體原才是最妙



釋常具常

無常以法下



A combination of Yin and Yang constitutes the Dao. However, in the permanent system of knowledge, you can't control your destiny even if you are highly educated since the destiny is managed by the permanent system of knowledge and the impermanent system of wisdom together.

Section I

Life Is So Confusing, the Key to Break through Is Precisely in You

Every soul lives in a world that is said to be mysterious, a world described by the ancient sages as the Saha world. As an old Chinese saying reveals, “the true face of Lushan Mountain is lost to your sight, for it is right in this mountain that you reside”. Although we live in this world, we are still blind to it. Therefore, living in such a world that we are familiar with on a daily basis, each being however experiences their distinct misperception. We spend our days writing our own stories about joys and sorrows, but what we experience more is unhappiness and, of course, deficiency. So, what exactly is the cause of all this?

Before this course started, the participants put forward a lot of questions about their personal lives, their family, career, and marriage, all of which have a universal commonality. There are more than 7 billion people on this planet who are exploring the mysteries of life, just like we are, and they are all searching for the truth of life and, of course, the mystery of destiny.

Each of us tries to control our own destiny since we are all tied to our own personal destiny whether we are confident,

uncertain, or in whatever state. But for destiny, we seem to only know its name without knowing its character. We know that it is closely connected to us so that we should cling to it, but at the same time we feel very strange with destiny. Since it doesn't understand what we think and what we want but we are inseparable from destiny, yet we never really embrace each other.

In such a world, at a different level, whatever the individual, family, national or ethnic group, we all know that there is huge energy in this society, and we are all doing various things with this energy. Even the confrontation between two countries is in essence the confrontation of two groups of energy while writing the solemn and stirring history of life in this world in the mode of a mutual struggle.

For us as individuals everyone has cultivated a pattern when we are children that allows us to protect ourselves in this world, to live our own value, and to have people praise us. Bringing glory on our ancestors and accomplishing both success and fame are all the dreams that we wanted to achieve but never did. In these thousands of years, there are only very few people who can be named know this mystery.

So far, whether they are university students, graduate students, doctoral students, doctoral supervisors, professors and experts, or the talents on the planet who have won Nobel Prizes in various fields, once it comes to the question of the truth of life, and the question of their own mysteries of life, they are essentially in the dark. Although we praise them as great scientists, great poets, great artists, or great politicians, and we describe them with the most magical words on the

planet, these elites are unable to bring magical effects and ultimate happiness to this planet. We must therefore confront this reality.

So where exactly is this mystery? In fact it has been discovered by our ancient sages for thousands of years. They knew the mystery behind life and how to achieve self-fulfillment and how to make our families happier, including the physical and mental health of each family member. In essence, one of the basic effects that we have been able to achieve in our 5,000-year-old culture is that people can be free from illness. But whoever dares to say this today commits a crime. Why? Because you are anti-science. How can a person be free from illness? How can a person be happy forever? But more than two thousand years ago on this earth, there were such people who declared that man can be happy forever, which is called the state of permanent happiness.

But today, from our individual perspective, we don't even dare to dream of being healthy forever and not getting sick. From our psychological and emotional point of view, we dare not hope to be happy forever. From the perspective of our families, we dare not believe that "the five blessings have descended upon the house" posted on the front door of our house will be true. From the perspective of our career, "being sage inside and being kingly outside" as our old ancestors said is even more far-fetched! We can't even feed ourselves, and we are still in so much debt, how can we be sage inside and kingly outside?

However, our ancient sages and old ancestors would not lie to us, they did tell us that there is such a key in this world, and once we find this key, it is far better than getting the titles of doctor, professor, expert, Nobel Prize winner and so on. Where is this key hidden? Is it in a distant mysterious place? Or is it inside a noble's palace? In fact, I must tell you with embarrassment that the key is in your possession! I didn't want to say this so casually because the person who said this to me was almost beaten up by me. I said that I had exhausted all my efforts to get what I wanted, and you said it so lightly! The key to such a complete and thorough wisdom, such a mystery, is actually in me?!

So at that time I was very resistant because when I looked at many people in this world, including my parents, brothers and sisters, and a lot of people around me, they were not happy. So at that time, when I saw elderly people, I had to visit and ask them for advice. They came into the world earlier than I did, they crossed more bridges than the road I walked, the salt they ate was more than the rice I ate, so I believe they should know more mysteries. At that time, I did not want to do anything but just wanted to find out whether there is the mysterious key of life as the ancient sages have said. If I could find this out, wouldn't it be more meaningful than me being a scientist, being the richest man in the world, or being a president?

Our lives all equally last for just a few decades, less than a hundred years. Then in these less than a hundred years, our ancient sages, one after another, have been striving and

exploring around this goal - the ultimate happiness of life. Even though all of you here today and you may be gathered here because of a certain cause and project, I know that your souls want to know far more than just wealth, which of course includes fortune since traditional culture and wealth have never been enemies, and of course happiness, which also includes romantic relationships. The culture of the saints endows us with the ability to get physical and mental health, family happiness, and career glory, but not to make us lament for no reason apart from us wandering between the green hills and the water, nor does it use the spirit of Ah Q to make us completely indifferent to worldly temptations, and then we still mistakenly think that we have found the secret to seemingly stop worrying, but actually despair. If this is the best we can do with our thousands of years of culture, then I will not learn from it, and I would rather be happy for a while. But I want to announce to you that in this world, there is really such a magic! There is such a key!

I will tell you this key in the next lecture, but of course you have to use it in your life, use it to the extent that all your wishes will come true, achieve perfection in wisdom, achieve complete perfection in life, including the confirmation of self-worth, the writing of life value, the blossoming of life value, etc. You have to master it to this extent, and it takes time. Then in the classics, this period is described as quite long, named the three great asamkhyeyas of eons. If that's true, I don't want it. The three great asamkhyeyas of eons are too long, and one kalpa takes billions of years! One asamkhyeya of eons is made of so many kalpas, about the same time as the universe! I will only live for

a few decades, so I can't wait, and I don't have the patience.

So now I have finally solved this mystery, I thought how to summarize it in simpler language, simpler operation and tell it to our modern people who have very limited time, so that we can find something far more valuable than a doctoral certificate you might get in your limited time. I summarize it into nine elements of operating destiny, that is, nine elements, including understanding the nature of life and observing the effects of life (to know the mission), exploring the nature of life and acting prudently (to respect the life), transforming the nature of life and getting rid of bad habits (to change the fault), cultivating mind and establishing noble behaviour (to establish the destiny), gathering the strength of morality and fulfilling your wishes (to accumulate goodness), acting in accordance with the principle of rationality and planning to move (to use wisdom), acting in accordance with the way of the world and being in harmony (to use interest), being in line with righteousness and achieving great action (to develop aspiration), and being in harmony with nature and acting respectfully (to operate the destiny). These nine elements are a system, and I am talking around this key, which will show you how to open the door to wealth, have a happy marriage, permanent health, and of course find freedom of mind and body liberation, etc. This key has been experimented on me. First of all, health without illness is as simple as eating for me, and I have not even had a cold or fever for nearly thirty years, so haven't been a patron of the hospital. Other aspects will not be mentioned for the time being but you will gradually understand later. I will not take up your precious time now.

Section II

The Mind that Drives Energy and Knowledge Has Supreme and Profound Meaning

The nine elements of operating destiny are systematically explained in nine parts, and we are now talking about the first part--understanding nature and observing the effects. What nature do you understand and what effects do you observe? To understand nature is to understand the nature of life, i.e., life energy habits and habitual mental operation modes. To observe the effects is to observe the different life effects projected by different mental patterns, such as happy, joyful, painful and sad, etc., different life states and external behavior performance, and to be able to see through the causes behind them. Since we are learning as a team, I don't want to beat the drums, I don't want to be opportunistic, and there is no need to fool everyone in a way like Successology. Many of you have had the experience of being fooled, and probably some of you have been in the pit of being fooled for a long time, experiencing all kinds of traps and brainwashing, to which you are no stranger. There is no shortage of 'me' in this industry, so I will not do such things. I will try to use the language that people today can understand, and I will tell you the supreme and profound subtle law that is taught in the classics as plainly as possible, hoping that you can grasp it and use it.

What the sages left behind is the key to open the door of the universe. The door of the universe includes all kinds of space and time in horizontal and vertical directions, and also includes all aspects of our life. What the sages explored is the real supreme goal of human beings, the ultimate happiness of human beings, which is reflected in the individual's body and mind, family, career, and partners in the dependent environment, and also the state of a nation and country. This key can solve all these problems. So, I will report this system to everyone nine times. This is the first time I have given such a lecture, and I have not done so in the past. Considering that today there are many people who promote empty talk but few who do practical work in society, I would like to emphasize this "action".

Understanding nature and observing the effects is something we need to master. Why? It's like that because we use mobile phones we need to know about them: mobile phones need to be charged, and they can work only when there is electricity, so electricity is the energy of the phone. We also need energy. It is crucial to know what program is used to direct the electrical energy so the phone will work. Wang Yangming said there is no good and evil in the essence of the heart, and he said the energy itself is neither good nor evil, just like the biogas and natural gas we use. If you do not master its nature, this energy will harm you and if you master it, it will serve you. The energy itself is neither good nor bad. I cannot say it is bad because I have not mastered the mystery of natural gas and one day it poisons me to death. It can't be bad, it's just that you don't understand it, right?

That's why Wang Yangming said there were four phrases after his enlightenment. The first one is that there is no good and evil in the essence of the heart. Because the essence of the heart is energy, it is similar to electrical energy. Our smartphone needs to have electrical energy to work, and electrical energy needs software to command it to work. The same goes for us, the fruits of life are created by actions, and actions are commanded by thoughts, i.e. thoughts command energy, and energy unfolds the creation of life. This is the cause we set and the effect we receive. We find that behind actions and creations there is energy. For example, even if you want to curse someone, you can't do it without energy. It must take a lot of energy. But it is not good to have as much energy as possible, if you can't command your energy, just like we don't know about biogas and natural gas, which will harm you in the end. Wealth also represents a kind of energy, and today there are many people who do not know how to command wealth and are harmed by it. There are those who are in jail, and those who have broken up their families. All of them are in turn flooded by energy. There is neither good nor bad energy but the key is to master how to use energy. Our life is essentially thought-driven energy which unfolds the creation of life and plants the cause and suffers the effect, that's all.

So what is nature? Nature is a basic pattern of thought. The word 'nature' is very mysterious in Chinese culture and we call it emptiness, self-nature, etc. It is a pattern, like the pattern you use to drive your life. Today I don't talk about knowledge, I talk about nature. Why? Knowledge is not so

valuable anymore, and there are all kinds of knowledge on the internet nowadays, but it is important to know what mode we use to use knowledge. For example, there are two kinds of programs used in mobile phones and computers. The positive program is music software, photo software, video software, editing software, navigation software and so on, and the reverse program is the virus. The virus is sometimes a more powerful and complete program, because doing bad things it has to protect itself first, and it cannot let the positive program just remove it. So sometimes the virus program is more powerful and not only is it a complete and independent program, but also wears armor to be able to protect itself as it is a complete package. The program package contains an infinite number of program systems, also composed of code, but it urges the code to do bad things all day long, and that is the pattern it drives. The person who can develop the virus program is also a computer expert and program expert. These experts are talented with a high level of knowledge, but their driving mode is to use their knowledge to do bad things.

Today, knowledge is not important. I don't value learning knowledge with so-called high efficiency. For children in this era, parents don't need to force their children to learn too much knowledge, because the times are different, the power to conquer the world from the agrarian era to the industrial era is not strong enough, and knowledge was power at that time. Therefore, by mastering more natural laws and more material characteristics, we will have a closer relationship and less conflict with the world.

It is the same with animals. If you know the habit of a tiger, the habit of a lion, the habit of a horse, it will not go against you, and in turn it becomes your mount. When you enter the temple, do you see the Bodhisattvas who have mastered the truth riding lions and tigers, right? This is a symbol that represents the bodhisattvas who have mastered this habit of energy. They can harness all kinds of energy, and this kind of energy can serve me, so the energy is symbolized as the bodhisattva's mount. The ones they subdue can be very powerful energy like tigers, lions, dragons, but also energies like phoenixes and Kyilins.

In the industrial age, knowledge is power. At that time the only way out for children is to study. Especially for the children in rural areas when the only way to jump out of the confines of fate is to study, which is called jumping the farm gate! But now is not the industrial age, but the information civilization and we are about to enter the intelligent civilization, so knowledge is not power anymore, and it has become obsolete. We often see many experts and professors working for people who did not go to college, right? In this era, knowledge is very cheap, and can be found by searching the Internet. When knowledge becomes cheap and becomes a shared wealth and resource, we should not let our children spend too much energy to stockpile knowledge.

Children in the future will live in the age of intelligence, and intelligence can solve 70 to 80% of our work. After a lot of work is done by machines, we will have 70 to 80% of the time freed up. By that time there will be enough time, so what can we do? Now some people who have not yet achieved

freedom of wealth feel that sometimes time is not good to pass and they will feel lonely and isolated. And at that time there will be a lot of free time. Will you be more lonely and isolated? What is there for you to do? So at that time it is more important to gain wisdom. Wisdom and knowledge are not the same and are not at the same level.

Section III

The Unforgettable Experience of the Divine Light Shining on My Body Made Me Glimpse Impermanence

Chinese characters are known as the oriental artifacts. Our civilization is concentrated in Chinese characters, which is especially magical. In the past, when I was a poor student, I did not understand how amazing this old ancestor-made word was. Some people here know that my formal education was junior high school, and my junior high school grades were not very good. The highest score in math when I was in elementary school was seventy points while other subjects were mostly fifty or so, and for language was often forty or so. My elementary school grades were very poor at the bottom few in the class. At that time, I was in a very remote rural area of Sichuan attending elementary school in the countryside that in the past even the seventh grade sesame officials have never set foot in. It was very backward. The class teacher who taught elementary school at that time also only had a junior high school education, and even the pinyin was not standard, so we were learning with such a teacher. At that time, our language teacher also had a hobby which was playing cards, often all night. The next day, he would come to class and to make up for lost sleep. He let us self-study, and then he would sleep until the end of the class.

As a result, I was the only boy in my class of about forty kids who got into junior high school, amazing, right? I also feel amazed. Four other girls also got in, so we were called the five golden flowers. I set a historical record, but the principal couldn't understand: Why did you get in? However, I am still impressed by what happened to me at that time, and that is: I was destined to go to junior high school! I don't know if everyone here believes in fate?

At the beginning, I had six brothers and sisters in my family, and at that time my family was very poor and could not afford to eat, so I was hungry for three years in junior high school, and sometimes I did not eat one meal a day. This is the God that cared for me, to give me three years of hunger, I was in this situation to finish junior high school. At that time, my father did not even think about sending me to junior high school because there were only a few people who got into junior high school from our elementary school every year. My usual grades were there, and I was the one who couldn't pass the exam no matter how they reasoned. My dad, after much analysis, generously promised that if I could get into junior high school, he would send me there. I knew it was a trap because he didn't believe I could get in. Later when I got in, my dad was furious.

I have a deep memory. I still remember the image in the examination room. In terms of my knowledge, I would not be able to pass the test, but on the day of the test, I sat there to answer the questions, I really felt a divine light shining on my body. At that time, I did not understand that it was called a

divine light shining on my body, it just felt like there was a light shining on me, directing my hands to answer the questions, and so somehow, I passed the exam. And it commanded me just right on that score line. I have a cousin who went to school with me every day, and she had always been the top of the class, but she did not pass the test and so cried for a long time: why did he pass the test, but I did not?

Yes! Why did I get in? The profound impression of the divine light shining on my body made me begin to know that there is an unknown force helping people in such a tangible way. It seemed that I was destined to go to junior high school, but apart from junior high school, I couldn't go to senior high school even if I desperately wanted to, and I couldn't go to teacher training school because I wasn't destined to. At that time, the highest goal of rural people was to go to the teacher training school, and come back as a teacher without suffering physically, so this was the highest pursuit. I was really riveted to get into the teacher training school, but it turned out that the good learning outcome did not relate to hard work. When I was in elementary school, I fought every day and didn't study well. In my second year of junior high school, I woke up and realized that it was not a good day to go back to farming without studying well, so I started to work hard in secret. Every day after school, I would not go home with the children of the same village, but hide in the woods to study, until dark. But no matter how hard I tried, my language could only achieve forty or so points.

Why? I found out that you can't just work hard and get in,

because I personally witnessed that when you don't have that luck, it feels like there is something covering you in your head, a feeling of faintness. When you have bad luck, your mind feels as if you are wearing a hat, and everything you think about is likely to go wrong. Have you had this experience? When you have good luck, there is also something shining on you, you will feel clear minded with quick thinking and fast reactions.

At that time in the countryside when I finished farm work at night I wanted to study more. The stupid bird shall fly first, the teacher said. I did it with my head hanging from a beam, but I didn't do it with an awl. I did it with a needle in my buttocks, but it didn't work, I was still covered by a drowsy energy and slept as usual. Later on I studied where this sleeping energy came from. Every time I wanted to get serious in class, I slept and couldn't keep my eyes open. It's really not that you want to sleep, because it's not your own energy. If it's your energy, will it not listen to you? You say you just want to listen to the teacher's lesson and don't want to sleep, but this energy pours into every cell of your body to hypnotize you, and then just when the teacher speaks the last sentence, you wake up. Have you discovered this mystery? I believe we are not strangers to it!

It is that there is always an external force that interferes with our destiny in life. He uses this form to sway our destiny: sometimes he gives you a dull energy to sway you to say the wrong thing and make the wrong decision, and your destiny

is changed. Sometimes he gives you very clear energy that's shining on your head, and you get a lot of inspiration to think of many unexpected things, and then once you do it, it's done. You think you've come up with the idea, but you don't realize that something magical is working behind the scenes to change your destiny! My destiny was in a state of being operated at that time, so no matter how hard I tried I couldn't learn anything. After three years of junior high school, I had less than 2,000 Chinese characters, and I had to work all night to write a 50-word essay! Today I'm totally different that I can write these down.

Section IV

Mastering the System of Impermanent Wisdom to Master Your Destiny

There is an invisible thing that exists behind us, and we must find this mystery. You can only dare to say that you have mastered your destiny if you have contacted this invisible thing behind you. If you are blind to or do not believe in this magical presence behind you, yet it is there whether you believe in it or not. So we would rather believe in it and study the truth of what kind of a being it really is. If we spend our whole life and spend a lot of time getting rich, and in the end you end up with this existence behind you that you not only can't get rich, but you also owe a lot of money, then it's better to take some time to study and learn this truth of life and know how life works, then you can say you can control your own destiny. So there are many people who are very confused and do not listen to such lessons. In the past, it was said that only those who must have sufficient good foundation, good fortune, and karmic relationship can hear these truths.

I can tell you that you will not hear such traditional culture that I talk about in the whole of China. You can see that I may not be like a teacher engaged in traditional culture, and I have never pretended to be such a teacher. I have been disobedient since I was a child, and I have reached this day step by step.

I am not an intellectual, and people say I am a calligrapher when they see my handwriting, but I am not a calligrapher either, it is just a hobby, that's not even counted. So knowledge and wisdom are as different as the sky and the earth. Wisdom is omnipotent and can create countless knowledge, but knowledge is always just knowledge. Then I understood why God did not let me learn knowledge, because if I studied hard, what if I got a doctorate? Then I would be an intellectual. If I talk about this as an intellectual today, it's not convincing. Because of course a doctor is very knowledgeable, you will take it for granted, and you will not take it seriously. But if I speak as an ordinary person who has not even qualified at junior high school, it will be worth your consideration, and you may start to seriously study what is knowledge and what is wisdom.

What do the two words “zhi shi (knowledge)” mean in the oldest Chinese character dictionary *Origin of Chinese Characters*? The first word “zhi” includes two parts, first of which is “shi”, which means bow and arrow, representing kung fu, because in ancient times, archery was called the first of the eighteen martial arts, and the second part of this first word is “kou (mouth)”, which means that knowledge is the kung fu of the mouth, not the real power. What about the second word “Shi”? It also includes two parts: “zhi (only)” and “yan (talk)”. So if you connect the two words together, it becomes the kung fu of just talking. Right? The Chinese characters are very magical. Each stroke of the character concentrates the mystery of the creation of heaven and earth and the universe. Chinese civilization is amazing. In the past, there were four

major civilizations, but now, except for Chinese civilization which has survived uninterrupted, the other three civilizations have not been passed down. The prophecy says that China will become the hope of the world so there may be such a thing! The most amazing thing about Chinese civilization is the Chinese characters. Each Chinese character contains the truth of life, heaven and earth, and the universe, so it is called the oriental divine instrument. The wisdom and mysteries of all the ancient Chinese sages are concentrated in the Chinese characters, so those who can decipher the characters can realize a lot of life's truths from the characters.

The fact that you can be a professor doesn't mean you have mastered wisdom. There was a case where there was a professor who was very accomplished academically, and he was great from the intellectual point of view, but he was retarded from the wisdom point of view. He had to attend various presentations every day and was given high honor because of his academic achievements, but at the wisdom level he was like a child. Wisdom is the mastery of power, and the ability to master and control power is called wisdom. Knowledge is just understanding the laws, so understanding and mastery are two different things. Understanding the laws, understanding the characteristics of nature, that is--only understanding. Only mastery belongs to wisdom. His knowledge is very powerful, but in the level of wisdom on the mastery of his own energy he is very weak, and finally his wisdom was lost which led to the breaking up of his family.

He woke up every morning and each step he takes is very standardized. The alarm clock rang, he put on his shoes and dress, brush his teeth and wash his face, eat his breakfast and gets information, etc. All of these activities are controlled by the time, and then things like what time you can go out on time, are calculated very accurately. But one day there was an unexpected episode; an accident, knowledge cannot master it, only wisdom can. Wisdom has to be used to cope with many unknown events, and wisdom has to be used to cope with the impermanence of life. Life's permanence is the category of knowledge, and life's impermanence is the category of wisdom. The category of human constancy is a program system, equivalent to the program of a computer, and people can develop this program scientifically, and the various links are well integrated. What wisdom has to deal with are unpredictable events, and what will happen in the moment is not known.

In order to create results in life, it is not enough to have a system of knowledge, but also a system of wisdom to respond to opportunities. Have you noticed that from ancient times to the present, many opportunities in society have been implied in the impermanence, thus producing many heroes and heroines, right? The normal orderly system basically cannot produce heroes and heroines, and also cannot produce the big man. Wisdom is not in the program, it is self-revealing and it is a very mysterious thing. For the way to obtain knowledge, Dao De Jing speaks very clearly that those who seek knowledge acquire something every day. Studying hard every day, you will

be able to load more knowledge than others, so that you will have an advantage for the entrance examination to Tsinghua University. The competition through the knowledge system can be won by hard work and diligence. But the competition of the wisdom system does not rely on this. That is very mysterious, very magical, so there are ancient sages, the top elites in society over the generations who study it.

Many people study only knowledge, but only very few study wisdom, because it is a very difficult system to figure out. Many people give up the pursuit of the wisdom system, but would rather study the knowledge system. The knowledge system is the program system, because it is in the textbook, it is visible and can be quantified, while the wisdom system cannot be quantified. The Dao De Jing also says that those who seek the Way let go of something every day. Only those who are truly wise will grasp the truth, which is the wisdom system. Only when we master the wisdom system of Dao can it show that a person truly controls his or her own destiny.

Section V

There Are Two Systems that Operate in Our Lives

You will find that the teachers who preach today give the impression of being high and mighty, as if they are Daoists who wear long robes, have long beards and float around. But let me tell you, there are many people who are in Daoist temples today who are actually very far from the Dao. I used to visit many Daoist temples just to find a master on this earth, and finally found that none of them could teach me what I wanted. Then I finally gave up and had to look for it in myself. For what? Once there was a master, he did not teach me anything, but only gave me a sentence: the mystery of the universe is in each person!

I did not take it seriously when I heard it at the time, so I still continued in the world trying to find a master to teach me a set of ready-made things. Just like we study, we would love to have a set of ready-made things, and as a result, it took more than ten years, I still couldn't find it, but I never wanted to give up. If I did not know in this life that there is this mysterious existence, then I will pursue becoming a government official to get rich. Since I know that there is this mysterious existence, then no matter what, I must find it. It is invisible on the surface, but in essence in control of the entire human race. It is really too awesome, really worth our visit.

Why did I say it can control the whole human race? Because there are many prophecies in the ancient and modern worlds, including Zhuge Liang's Ma Qian Ke Divination, and the prophecies of Liu Bo Wen and Nostradamus, some of whom were able to predict today and future events in China even thousands of years ago. What does it mean in itself that they could prophesy? It means that there is an arrangement behind it! They can only predict things that have been arranged for a long time! So who is making the arrangements? Not me, anyway. So I have to find the person who arranged it. This person is not in the system of knowledge, not in the system of constancy. He is in the system of wisdom, in the system of impermanence, so we have to study this system of impermanence. The impermanence system is not disorderly. I tell you, we think that the system of knowledge seems to be logical and systematic, but the system of impermanence seems to be chaotic, without logic or order, that is what we imagine in our heads. Once you get in touch with this impermanent system, you will find that it is precisely the most systematic.

I'll tell you to what extent he has a system. For example, each of us here is the permanent knowledge system and the impermanent wisdom system governing us both at the same time. I once chatted with a senior engineer in Chengdu who was engaged in cutting-edge technology, and the system of knowledge he mastered was already top-notch in terms of earthly. This kind of person is very confident so he thinks that there is nothing he doesn't know about the mysteries of heaven and earth and the nature of the universe. Through

serious study and painstaking research, of course, there is also his own talent here, from a rural child to finally entering the top intellectual class of society, he is indeed also very successful.

The other day we chatted about something unknown. He said you do not talk to me about unknown superstition, we only believe in science, there is no unknown, the so-called unknown is the known future. As science develops into the future, we will surely know, so do not talk about those metaphysical things. I say that the system of science is the system of knowledge. I do not deny that it has brought great contributions to mankind, as well as to the great improvement of life. But let me tell you, as our ancestors said, “A combination of Yin and Yang constitutes the Dao”, and “No Yin can be born alone, no Yang can grow alone”. What does this mean? It means that the operation of everything is a combination of both Yin and Yang. Only a Yang side of the permanent knowledge system, without the Yin side of the impermanent wisdom system, life cannot work. Each of us has two systems operating our life. One is the permanent system of knowledge and science that operates our life while the other is the impermanent system of wisdom that operates our life.

It was then that he said, “Can you point out which part of me is the impermanence at work?”

I said, “Too much. Do you know yourself?”

He said, “Bullshit!”

I said, “Do you know this face of yours?”

He said, “Don’t be so funny, okay? Every man or woman looks in the mirror today, who does not know their own face?!”

I said, “Yes, I just want to mention what you know as you look in the mirror twice a day, right?”

He said, “More than that.”

I said, “Okay, since you understand the structure of your face, let me ask you a question. Your eyebrows and head hair are both hair, so why don’t your eyebrows grow long, while your head hair grows long every day? Please tell me.”

He was dumbfounded all at once and couldn’t answer.

I then asked, “our eyelashes are also hair, so why don’t they grow longer too, while head hair grows longer every day? Please answer me.”

For these issues, his field of knowledge would not be able to grasp, because these are in the field of impermanence, not in the field of permanence, and he has no contact with the field of impermanence. The field of impermanence is actually very orderly. People’s eyebrows do not grow long, but hair grows long, which is very orderly in itself.

I said, “You are not familiar with this field, so please use your field of knowledge to decipher what is bad about long eyebrows and eyelashes?”

This time he excelled at it.

He said, “Long eyebrows and eyelashes block your view. If you can’t see the road clearly, you’ll fall over easily!”

He can explain this clearly from the permanent knowledge system.

I asked again, “And why does hair have to grow so long?”

He said, “Longer hair can change the shape, can add a different sense of beauty.”

I said, “From a functional point of view, eyebrows and eyelashes must not grow, right? From a functional standpoint, hair should grow long, right?”

He said, “Yes.”

Finally I asked him again, “Hair grows longer every day, but eyebrows and eyelashes don’t, may I ask if this is accidental or inevitable?” At this point he didn’t dare to answer. If he dared to say it was inevitable, I would ask who made it? If he said it was accidental, I would ask why is everyone like this? He had no way to answer me, and finally he came to a conclusion on his own, exactly like Newton, and he said, “It seems there is a God!”

I said you are the same as Newton, right? When Newton also did not believe in God, he could not explain the impermanent system with his scientific research. There is always an edge with the permanent system, when beyond the edge of the permanent system into the impermanent system, Newton is out of tricks. The impermanent system is like closing your eyes in front of chaos. Our ancestors said that is the world of chaos. Daoism said chaos shall open the base to become the universe. That is the scope of the impermanent, so who has the courage to explore? The vast majority of us are only willing to explore the ready-made system, the ready-made knowledge system and scientific system.

Back then Newton had a friend, the famous English astronomer Halley, who was credited with predicting the orbit of a comet that was later named Halley’s Comet, but he refused to believe that all the celestial bodies in the universe were created by God. Once, Newton built a model of the

solar system in his home where the center is a gold-plated sun, surrounded by nine planets arranged in correspondence with the celestial order. With a pull of the crank, the nine planets immediately rotate in harmony in their own orbits, so wonderful, and spectacular. One day, Halley visited, once he saw the model, he was immediately fascinated, so he played with it for a long time, and exclaimed with amazement, and then asked Newton eagerly who made it. Newton replied: “No one made it”. Halley said: “That’s impossible! In any case there must be someone who created it, and he must be a genius.” Let’s see, in the logic of the system of constancy, everything must be man-made, and there can be nothing that is not man-made.

At this point Newton said: “Such a model must be artificial then the immense solar system that really exists does not need to be artificial? Although this model is exquisite, but compared to the real solar system, it is really insignificant! For this small model, you still believe that there must be someone who made it. Then, isn’t the solar system, which is a billion times more elaborate and larger than this model, created by the almighty God with an incomparable high degree of wisdom? Halley was dumbfounded all at once, froze for half a day then said, “It seems there is a God!”